

# MITÄ

## **The 7th Mitäs Mitäs Mitäs festival announces over 40 new acts and workshops!**

**Mitäs Mitäs Mitäs, a boundary-breaking celebration of arts returns to Nuutajärvi, Urjala for its 7th year on 15-17 July 2022.**

**Forty new acts have just been announced and new ticket types are now for sale!**

**This year the role of electronic music is bigger: you can now boogie to techno, trance, house and psych in two areas. At Mitäs the visitor is an active maker of art, which is why the festival team is developing the participatory programme further and improving the facilities for this. As usual, you can also expect a carefully curated line up of bands!**



Image: Simo Pukkinen, Mitäs Mitäs Mitäs Festival 2021.

## The visitor as an artist & the body as part of art

At Mitäs, the visitor is an active maker of art who can self-express and let their creativity bloom in new workshops and other participatory programme. This year the Mitäs visitor will be able to try activities like juggling, bodypainting with charcoal, and boxing combined with yoga.

Festival visitors will be able to take part in exercises that help them to listen to and open the body with **Elsi Valeriana** in her workshop **‘Elämän virta kehossa’** (*The Stream of Life in the Body*), and meditate in a guided meditation workshop. **Vaskilintu’s** workshop **‘Muinaisen äänen laulutyöpaja’** (*The Singing Workshop on the Ancient Voice*) will explore singing through the body with exercises on posture, vocal warm ups and breathing, and singing in a safe space. **Anni Pellikka** will host a workshop called **‘Kehoni on runoni’** (*My Body is My Poem*). Through creative breathing, visualisation, touch and group exercises, the workshop will help to free your poetic body to speak, dance and sing.

Festival visitors can create communal artworks by grabbing a paintbrush or knotting macrame pieces. We also encourage visitors to create their own spontaneous workshops and performances!

## A programme full of surprising connections and local arts

As part of the multi-disciplinary art programme, different forms of art intertwine as **Muutos Company** combines visual art, performance and the human skin. Their bodypainting performance invites festival visitors to stop, participate and observe in a slow and aware atmosphere.

**Takolasi** from Nuutajärvi creates local art at the festival, bringing their glass furnace along. Festival visitors are able to watch how the hot glass glows, stretches, balloons and shrinks again, controlled by the glassblower.

Visitors will also be able to listen to freestyle rap and see and try croquis drawing a live model. They can decide whether to take the role of the muse or the artist.

## A celebration of genres

The line up has been updated with emerging artists as well as less known gems. The programme is filled with a variety of genres, including Swedish punk, commodore electro, spiritual jazz, spoken word and art pop, among others. Poet/rapper and visual artist **Dxxxa D** and free jazz band **Nukkehallitus** form an incredible group who combine improvisation and mystical spirituality in their music.

From Tampere, **8 Bits High** play raw but danceable commodore electro that takes inspiration from punk, techno and house. The trio’s music is anything but conventional - they only use Commodore 64 computers to produce sounds.

## Raves for all tastes

The electronic music line up has been expanded with several DJs. These include international names such as **Rochelle Dietz** (Netherlands), **BALU** (Germany) and **Tears in Rain** (Slovenia). This year the leaves will rustle in the beat of trance, suomisaundi and Goa trance! The newcomer of suomisaundi, **Hämeen nopein**, plays joyful and melody focused ‘tonttuhumppa’ which combines different folk instruments with Finnish heritage. In the grove, we will also listen to **Omnium** (Macedonia) versatile trance and **Aavepyörä’s** music which takes inspiration from early Dragonfly Records and Ron Hubbard’s Commodore 64 music.

The other electronic music area will be filled with party people dancing to house and techno! Here the stage will be taken by acts like BALU, known in Utrecht, the Netherlands for his funk-disco-house sets, and **Myrsky Valter**, who alternates genres from swing house to deep house and tech house. This year the party will go on until 6am both days!

### **Advance tickets available**

Festival tickets for the whole weekend are available - advance ticket for Fri-Sun 75€. The weekend ticket is the only ticket type that allows entry on Sunday. One-day tickets (Fri and Sat) and festival bus tickets from Helsinki, Turku and Tampere to Mitäs Land will be available soon.

### **Please note**

If the festival has to be cancelled due to the Covid-19 pandemic, purchased tickets are eligible for Mitäs 2023, or you are entitled to a full refund.

### **Follow Mitäs:**

**Website:** [www.mitasmitasmitas.fi](http://www.mitasmitasmitas.fi)

**Instagram:** [www.instagram.com/mitasmitasmitas](https://www.instagram.com/mitasmitasmitas)

**Facebook:** [www.facebook.com/mitasmitasmitas](https://www.facebook.com/mitasmitasmitas)

**Facebook event:** <https://www.facebook.com/events/234521582187925>

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